R7 年度　キャリア開発・育成コンテンツ　主な内容
Main Contents of the FY2025 Career Development and Training Programs

（R8 年度は同内容とは限りませんのでご了承ください）

(Please note that the contents for FY2026 may differ from those for FY2025.)

①　"世界の人材"になるための国際体験プロジェクト
International Experience Project to become a "Global Human Resource"

　海外での交流を主体的に企画・実施する機会を提供し、学生の主体的な国際活動を支援しました。異なる文化・価値観の中で研究・交流を行う経験を通して、自身の研究の位置付けや社会的意義を再認識するとともに、「世界の中で活躍する博士人材」として求められる役割について主体的に考える機会を提供しました。また、国際的な研究ネットワークの形成を体験することで、将来のキャリア選択の幅を広げるとともに、多様性への理解を深めることを重視しました。

　We provided opportunities for students to plan and carry out international exchange activities on their own, supporting their proactive engagement in global activities. Through conducting research and 交流 with people from different cultures and values, students were able to reconsider the position and social significance of their own research and think about the roles expected of doctoral researchers who work in the global community. In addition, by experiencing the formation of international research networks, the program aimed to broaden students' future career options and deepen their understanding of diversity.

※Co の花採択者は対象外

* Co-Flower Fellowship recipients are not eligible.

②　海外プログラム参加支援
Support for Participation in Overseas Programs

　海外経験に関心はあるものの、受入先の探索や各種手続きへの心理的・事務的負担から参加をためらっている学生を対象に、本学の国際化推進センターおよびグローバル推進課が実施する既存の海外プログラムを活用した参加機会を提供しました。本支援を「はじめの一歩」と位置付け、海外での研修や研究室訪問等を通じて新たな研究コミュニティとの接点を形成するとともに、SPRING 学生として自ら目標を設定し、主体的に取り組む姿勢を育むことを重視しました。また、本コンテンツを国際体験プロジェクトへと発展する段階的ステップとして明確化し、次なる挑戦につながる動機付けを図りました。

This program provided opportunities for students who are interested in gaining overseas experience but feel hesitant due to the difficulty of finding host institutions or handling various procedures. Students were able to participate in existing overseas programs organized by the University's Center for the Promotion of Internationalization and the Global Promotion Division.

The support was designed as a "first step" toward international experience. Through activities such as overseas training and laboratory visits, students were able to build connections with new research communities. At the same time, the program encouraged SPRING students to set their own goals and engage in activities proactively.

In addition, this content was positioned as a step toward participation in the International Experience Project, helping to motivate students to take on further international challenges.

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③ "地域の中核"になるためのトランスファラブルスキル研修
Transferable skills training to become the "core of the community"

様々な立場や分野を越える重層的な越境体験を通して、企画力、説明能力、コミュニケーション能力、課題解決能力等の汎用的能力への気付きを促し、学生が有するトランスファラブルスキルの活性化を図りました。

【PROG テスト】トランスファラブルスキル評価・育成支援

PROG テストを実施し、リテラシー（問題解決力）およびコンピテンシー（行動特性）の観点から、トランスファラブルスキルを可視化しました。学生自身が自らの強み・弱みを客観的に把握する機会を提供するとともに、テスト後には解説ワークショップを実施し、自身の現状確認や今後の行動計画の設定を支援しました。

【オンデマンド動画講座】

本講座を導入し、研究を分野外の相手にわかりやすく伝える力や、プレゼンテーション作成力、自己分析・キャリア設計力の向上を支援しました。

Through multilayered cross-boundary experiences that go beyond different positions and academic fields, the program encouraged students to recognize and develop transferable skills such as planning ability, communication skills, explanation skills, and problem-solving ability. These experiences helped students become more aware of their own transferable skills and further develop them.

[PROG Test] Assessment and Development of Transferable Skills

The PROG test was conducted to visualize students' transferable skills from the perspectives of **literacy** (problem-solving ability) and **competency** (behavioral characteristics). The test provided students with an opportunity to objectively understand their own strengths and weaknesses. After the test, an explanation workshop was held to help students review their current abilities and set future action plans.

[On-demand Video Lectures]

These lectures were introduced to support the development of skills such as explaining research clearly to people outside one's field, creating effective presentations, and improving self-analysis and career planning.

※Co の花採択者は PROG テスト対象外

*Co-Flower Fellowship recipients are not subject to the PROG test.

④ キャリアパスを考えるための越境交流会
Cross-border exchange meetings to discuss career paths

　分野や立場を越えてキャリアについて考える交流会を開催しました。企業関係者、学生、教職員が一堂に会し、互いの経験や価値観を共有することで視野を広げる機会を創出しました。当日は学生によるポスター発表を実施し、それを契機として企業関係者と学生が自由に意見交換を行う交流の場を設けました。研究内容のみならず、研究を通じて培われた強みや将来のキャリア観について対話することで、学生が自身のキャリアの可能性を多角的に捉える機会としました。

　A networking event was held where participants could discuss careers across different academic fields and professional positions. Company representatives, students, and university staff gathered together and shared their experiences and perspectives, creating an opportunity to broaden their views on career paths.

　On the day of the event, students gave poster presentations, which served as a starting point for open discussions between company representatives and students. Through these exchanges, participants talked not only about research topics but also about the strengths students developed through their research and their future career goals. This provided students with an opportunity to consider their career possibilities from multiple perspectives.

⑤ 国内派遣プロジェクト
Dispatch to domestic research institutes, etc.

　国内の大学・研究機関等へ奨励学生を派遣し、共同研究や研究交流の機会を提供しました。学外の研究環境に身を置き、異なる研究文化や視点に触れることで、自身の研究を俯瞰的に捉え直すとともに、新たな研究ネットワークの形成・拡大を図りました。本プロジェクトは、研究の高度化に加え、将来的な共同研究や産学連携へと発展し得る関係構築の契機となることを重視しています。

　Scholarship students were dispatched to universities and research institutions in Japan to participate in collaborative research and research exchange activities. By working in research environments outside their home institution and experiencing different research cultures and perspectives, students were able to reconsider their own research from a broader viewpoint.

　The program also aimed to support the formation and expansion of new research networks. In addition to advancing their research, this project was designed to create opportunities for building relationships that could lead to future collaborative research and industry-academia collaboration.

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⑥ メンタリング
Mentoring

　学内外メンターによるメンタリングを定期的に実施し、「キャリアパス」等について相談できる体制を整えています。

　Regular mentoring sessions are provided by both internal and external mentors, creating an environment where students can consult about topics such as their career paths.

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※Co の花採択者は外部メンタリング対象外
＊ Co-Flower Fellowship recipients are not eligible.

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⑦ 大学院プレ FD

Graduate school FD

　選抜学生が研究等で活用できる知識を得ることのできる充実した研修の機会を年 5 回程度実施しています。

【R7 年度実施状況】

・英語ゼロからの留学、大学教員への道

・英語論文の書き方講座

・海外助成金獲得のための秘密のレシピ

・目の前のチャンスはつかんでみると面白い

・（予定）JSPS 特別研究員の採用に向けて：申請プロセスと書類作成

　Approximately five training sessions are held each year to provide selected students with valuable knowledge that can support their research and academic activities.

[FY2025 Implementation Status]

・From Zero English to Studying Abroad: The Path to Becoming a University Professor

・Workshop on Writing Academic Papers in English

・Secret Recipe of Writing a Grant Application in English

・Grab the Opportunities in Front of You: A Journey Across Academia, Research, Diplomacy and URA

・(Planned) Applying for the JSPS Research Fellowship: Application Process and Proposal Writing